

Speaker Biography

Helen Gilbert

Fellow in Health Policy (Mental Health), The King's Fund



Helen Gilbert joined The King's Fund in 2013 as a fellow in health policy. She has expertise in health service research and a particular interest in mental health and the involvement of patients and the public. Since joining the Fund she has led on a number of publications including 'Volunteering in general practice', 'Supporting people to manage their health' and 'Modelling excellence in the charity sector'.

Previously she worked at the Institute of Psychiatry at King's College, London. Her research has included a national study of residential alternatives to psychiatric hospital admission, implementation of recovery-oriented care in the community, and a trial of assertive community treatment for people with alcohol dependence.'