



National Association for Hospice at Home

Your Co-Chairs Becca Trower and Heather Mitchell and their fellow Trustees are delighted to provide you with a copy of our first quartly newsletter and would like to wish all our members a Happy New Year!



Becca Trower



Heather Mitchell

January 2019

Health Care Assistant Workshops 2019

The NAHH are delighted to be offering the interactive study days in 2019 for Health Care Assistants.

14 May – Sue Ryder Hospice, Leckhampton

18 June – Princess Alice Hospice

2 July – Douglas Macmillan Hospice, Stoke on Trent

Sharing Best Practice: Caring for People at Home who are approaching the End of their Lives.

These study days are set at competitive prices to enable as many of you as possible to attend. Registrations will open shortly, [click here](#) for more information.

A look back over 2018

The Association has been really busy! Here is a reminder of a few of the many things we have done. We have:

- Supported over 100 member organisations and numerous other individuals who have contacted the Association for help or guidance regarding a matter related to Hospice at Home.
- Represented NAHH at Hospice UK Quality Improvement Group – Community of Practice – standardising quality indicators across hospices and focusing further on transition.
- Represented NAHH at the Public Policy Exchange symposium event
- Represented NAHH at the Association of Palliative Medicine Conference and the Hospice UK Conference
- Responded to the results of an online survey to identify the learning needs of Health Care Assistants, and facilitated HCA workshops across the country
- Responded to the request of an Internship from a non-profit hospice at home organisation in the Czech Republic – providing the offer of opportunities to visit a number of our hospices in the UK.
- Established a plan to approach and encourage new membership and to scope existing members to ensure the NAHH is providing what is required within available resources

As in previous years, NAHH remains exceptionally busy and forward thinking. There have been a number of changes within the Trustee Board membership over the past twelve months, providing NAHH with different challenges and opportunities.

All Trustees involved with NAHH over this period have contributed to the success and operational management of the association through their own individual qualities, expertise and commitment.

Conference Feedback 2018

Another very successful and well attended conference – held in Harrogate October 4th and 5th – ‘Success: Managing the True Cost of Care for All’.

You told us what you liked:

- *‘Networking, academic challenge of research and innovation in practice. Everything was achieved over and above expectation’*
- *‘I wanted to talk to colleagues from other areas to discuss how they are working and to pick up any ideas to transfer to my place of work. My objectives were well and truly met’*
- *‘First time at conference and benefited from the openness and the information shared.’*

And where we could improve:

- *‘Longer sessions with fewer speakers to allow more time for group discussions and Q&A.’*
- *‘To extend the Your Shout session and provide a suggestion box for questions.’*
- *‘More information about Hospice at Home night services’*

And you told us that overall, you felt the length of conference was just right!

We will take this feedback along with other comments and incorporate this into our programme for conference in autumn 2019.

You may also have seen our stand at HospiceUK Conference 2018 – ‘Transforming Palliative Care’. It was great to talk to so many of you and also to welcome some new members to NAHH. Please do ensure that your colleagues are aware of their membership – many of you didn’t know you were already members or how to access our website! An opportunity missed....

Have you visited our website recently? [Click here](#) to take a look, we welcome any comments, ideas and articles you feel would be useful to share – please do let us know!

Did You Know...?

The NAHH can advertise your organisation’s vacancies on our website - [please click here](#) to view competitive prices. We offer member and non member rates.

Membership News

We will be writing to all our members shortly as our membership year ends on the 31 March 2019.

We are delighted to confirm that our annual subscription has not increased and is still only £125 per year

Supporting Carers – A little bit about CSNAT

The Carer Support Needs Assessment Tool (CSNAT) is an evidence-based tool that enables comprehensive assessment of the support needs of family carers during end of life caregiving.

It is designed to be used as part of a process, The CSNAT Approach is practitioner-facilitated but carer-led. This approach enables the carer to consider and prioritise their needs, discuss these with a practitioner, identify what supportive input may help, and agree and action plan followed by review. This involves a change in practice which requires training.

[Click here](#) to read more....

Sue Eskins, NAHH Trustee

Article of the Month

Our website now includes a **NEW** article of the month section. This month we have a great paper called "Commissioning of Specialist Palliative Care Services in England" [Click here](#) to review the full article.

If you have read or written a paper that you think will be of interest to our members, then feel free to get in touch...we are looking forward to hearing from you!

Trustee Opportunities

At NAHH, we recognise the importance of a broad range of skills and experience, to ensure that our Trustee Board can support you in the most effective and appropriate way possible.

To that end, we currently have opportunities for 2 more Trustees to join our team.

If you feel you have relevant skills, time and enthusiasm to offer, why not get in touch for an informal chat with one of our Board.

Contact Us

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Dates for the Diary 2019

14 May	HCA Workshop	Sue Ryder Hospice, Leckhampton
18 June	HCA Workshop	Princess Alice Hospice, Esher
2 July	HCA Workshop	Douglas Macmillan Hospice, Stock on Trent
TBC	NAHH Annual Conference	