



National Association for Hospice at Home

February 2020

Welcome to the first issue of the NAHH newsletter for 2020. We are delighted to inform you that Tracey Doherty, former Trustee for NAHH and Modern Matron in Community Care for Compton Care has stepped up to become Co-Chair alongside Heather Mitchell.

A few words to you, the members from Tracey herself:

Thank you for having confidence in me and voting me to Co-Chair at our conference last year. Rebecca is of course a hard act to follow but I promise to do my best.

A big thank you to all of you who attended conference and for your feedback. We endeavor, as usual, to take all your comments onboard to make the next conference everything you would expect from the NAHH and improve our offering to you.

Now that we are in a new year, and with increasing pressures in our industry and increased workload, don't forget to use the NAHH forum on the website. It is yours for sharing tips and advice about fabulous practice and a valuable tool for sharing important information.

We hope to see you all at our conference in June.



Farewell and Welcome

It was with great sadness we said good bye to Rebecca Trower, Co-Chair, at conference last year. Becca has been instrumental in driving forward the Association and played a pivotal part in the delivery of our strategy. Her energy and enthusiasm for supportive palliative care at home was key to the growth and development of NAHH as she saw us consolidate and build upon our presence in supporting Hospice at Home services across the country. We wish her the very best of everything as she steps down and are grateful she will remain in the wings as an advisor to the Association

With one farewell comes a welcome to our latest addition to the NAHH Trustee family, Stewart Marks.

Stewart is passionate about Hospice at Home services and is driven to ensure that the service continues to grow across the UK in the most cost effective and efficient way possible allowing it to reach the growing number of people who will need its support in the next few years.

Stewart is Chief Executive of Rennie Grove Hospice Care, a hospice at home charity that serves adults and children in Buckinghamshire and NW Hertfordshire. Having started his career focusing on strategic management and the development of fundraising within palliative and end of life care, we are excited to have him on board and look forward to working with him.



NAHH Annual Conference 2019 Overview

We were delighted to have such a strong membership attendance as well as a number of prominent speakers at our annual conference last year at Kents Hill, Milton Keynes.

Evaluations received evidence of the conference success and demonstrated that it was very well received once again with one attendee commenting that **"it was one of the best conferences they have ever been to in her forty year career"**.

With a diverse spread of members attending from across the country, attendees benefited from unmissable networking opportunities, sharing stories about what other organisations have been doing to address current challenges and enhancing their knowledge about how other services are operating across the UK.

A big thank you...

We recognise that it is only possible for us to put on conferences such as these because of the continued support we receive from exhibition and sponsorship sales. Session quality also wouldn't be possible without our speakers who voluntarily give their time to cover a wide variety of topics. **Speaker presentations** can be found in the members areas of the NAHH website.



With 2019 over, it's onto 2020...

We are excited to invite you to this year's annual conference taking place on the **11-12 June 2020** at the **DoubleTree by Hilton, Coventry**. Plans are well underway and we can't wait to welcome you.

Our theme this year is **'Reaching the Hard to Reach, being Creative with Diversity'** so proposed topics of discussion include, **Dementia, Homelessness, Community Engagement, drugs and the Asian Community**.

**We have moved
our conference
to June!**

**Member All
Inclusive Early
Bird Rate**

£345.00

Registrations are Open!

Book Now as you won't want to miss out on this fantastic opportunity!

View full information on **Registration Options** and the provisional **Programme**.

Keynote speakers

Keynote Speaker

Dallas Pounds

Chief Executive Officer, Royal Trinity Hospice

Creating an organisational culture of FREDIE
(fairness, respect, equality, diversity, inclusion
and engagement)



[View Dallas' biography.](#)

[View Professor Tuffrey-Wijne's biography.](#)



Keynote Speaker

Professor Irene Tuffrey-Wijne

*Professor of Intellectual Disability & Palliative
Care, Kingston & St George's, University of
London*

Death, Dying and Bereavement:
The Challenges and Support Needs of People
with Learning Disabilities and their Families

[View all other confirmed speaker biographies.](#)

NAHH HCA Workshops 2020

Health Care Assistant Workshops 'Sharing Best Practice: Caring for People at Home who are approaching the End of their Lives'

In response to high demand last year, we are offering three interactive study days again this year for Health Care Professionals.

The workshop will focus on meeting the specific needs of patients in your care and the role of Hospice at Home Services within this. The focus will be on the physical, social and psychological needs of people with cancer and long term conditions and there will be a Dementia Friends Session delivered on behalf of Alzheimer's UK.

Throughout the day you would have the opportunity to network with other HCAs and consider the different services represented and what can be learnt from them.

Clair Sadler will be the lecturer and practitioner along with the NAHH trustees. The themes are pertinent for both teams and individuals and the aim is to help to increase skill sets but also to encourage collaboration with teams, through sharing of experiences.



Registration OPEN

At just **£70.00 per person**, the cost of places on these workshops is highly competitive so make sure you don't miss out!

- **22 September - Princess Alice Hospice, Esher**
- **6 October - Wirral Hospice, St John's, Wirral**
- **22 October - Dean Forest Hospice, Gloucestershire**

[Register your place now and find out more information.](#)

Article of the Month



When I read this article by Leila Hawkins on the ehospice site it made me stop and think long and hard about what we put onto social media quite innocently but what happens when we are no longer here?

As we are caring for a lot younger people these days who choose to share their dying journey on the internet, what are the implications afterwards for the family. We are always told not to share passwords but how does a family deal with a Facebook site for example, when a loved one has died?

*This article really made me consider the long term. See what you make of it and consider if you have had any situations where social media has had an adverse effect for the family. **Sally Taylor, Trustee and Vice Chair***

[Read full article](#)

NAHH 3 Year Strategy

We are excited to share our agreed 3 year strategy with you which gives you a succinct summary of the work we are doing and intend to do in the future to support you, the members, of NAHH. The main theme is around ensuring we have a resource which is sustainable, fit for purpose and up to date within the complex, changing climate of healthcare.

We welcome your comments and thoughts. View the [full strategy](#) in the members' area of the NAHH website.

National Association of Hospice at Home Strategy for 2019-2022

Vision

The NAHH vision is to inspire and support health professionals, carers and families to deliver best quality palliative and end of life care in patients' homes by learning from each other through sharing good practice, supporting each other and facilitating access to resources.

Aims

1. To be a credible, sustainable, national organisation who can support the NAHH members
2. To ensure NAHH offers an evidence based research approach to education and advice in order to promote the resilience and capacity of NAHH members to care for those at the end of life.
3. To extend the NAHH reach to a wider community of patients, carers, families and health professionals in order to encourage equitable access to NAHH support for those involved in end of life care.
4. To strive for a national and public awareness of the NAHH vision through robust communication with members, stakeholders and other charities.

The NAHH strategy is inspired by and in alignment with current publications and NAHH partnerships within end of life care. This includes ensuring NAHH follows guidelines from the Care Quality Commission to be Safe, Caring, Effective, Well Led and Responsive.

Hospice UK
CSNAT
Together for Short Lives
Sue Ryder

Leadership Alliance for the Care of Dying people (2014b) Priorities of Care for the Dying Person

Ambitions for Palliative and End of Life Care: A National Framework for Local Action 2015-2020
National Palliative and End of Life Care Partnership

The UK's first Homeless-Friendly Hospice

We all will reach the same destiny at some point in this amazing life journey, however some of us have a rougher ride than others. As professionals and carers we are mostly fortunate to care for our patients and families either in a Hospice setting or at home, others are not so fortunate.

For the homeless community dying or having a chronic illness that will shorten your life is unimaginable but there is hope. Enjoy reading about "The UK's first Homeless-friendly hospice" it reports some startling facts and statistics but does give hope for the future and maybe a way that we think about delivering care and support in our community."

[View further information.](#)

OPEL H@H Study Consensus Event

NAHH trustees represented the NAHH members at a consensus event this month which presented the data findings of the OPEL H@H (optimum hospice at home services for end of life care) research project. Currently there are a range of different H@H services in the UK and it is unclear which features of these services enable better care and outcomes at the end of life for patients and families.

The aim of the project is to find out what features of H@H models work for whom and under what circumstances. The discussions were centred on context, mechanism and outcomes (CMOs) which produced lively debate and interesting perspectives. OPEL H@H will be publishing the results shortly, so look out for events and articles.

Membership Renewals 2020

The membership renewals are due to take place on 1 April 2020. Our administration team will contact the lead member for each of our membership organisations to confirm who is currently on the membership and if any changes are required.

You will recall earlier this year we expanded the number of Associate Members allowed on your membership, please [email us](#) if you wish to add or remove colleagues.

Twitter

To keep up to date with the latest news regarding the NAHH please remember to follow us on  Twitter [@UKNAHH](#)

Feedback

Please feel free to share this newsletter with your colleagues and any feedback is gratefully received via [email](#).

Contact Us

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Dates for the Diary 2020

11-12 June	NAHH Annual Conference and AGM
22 September	HCA Workshop, Princess Alice Hospice
6 October	HCA Workshop, Wirral St John's Hospice
22 October	HCA Workshop, Dean Forest Hospice